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--Oct. 25, 2005-- **Midwest Conference Cross Country**

--Last Week's Results--

No teams in action this week

--This Week's Schedule--



Saturday, October 29 (hosted by Grinnell College)

--Men's Top Performer of the Week--

|          |                                  |
|----------|----------------------------------|
| Sept. 6  | Dave Billings, Ripon College     |
| Sept. 13 | Anthony Welty, Monmouth College  |
| Sept. 20 | Jeff Pentek, St. Norbert College |
| Sept. 27 | David Honig, Grinnell College    |
| Oct. 4   | Joe Cardillo, Beloit College     |
| Oct. 11  | Dave Billings, Ripon College     |
| Oct. 18  | Dave Billings, Ripon College     |

--Women's Top Performer of the Week--

|          |                                      |
|----------|--------------------------------------|
| Sept. 6  | Joy Manweiler, Lawrence University   |
| Sept. 13 | Erin Kelley, Carroll College         |
| Sept. 20 | Sarah Spencer, Grinnell College      |
| Sept. 27 | Katie Ryan, Grinnell College         |
| Oct. 4   | Joy Manweiler, Lawrence University   |
| Oct. 11  | Colleen Detjens, Lawrence University |
| Oct. 18  | Erin Sindewald, Grinnell College     |

--Men's Top Performances - 8,000 Meter Top Times--

| Rnk | Ath/Yr/School              | Time     | Date     | Meet         |
|-----|----------------------------|----------|----------|--------------|
| 1   | David Honig, Sr., GC       | 24:46.00 | 9/23/05  | Augustana    |
| 2   | David Billings, Sr., RC    | 24:52.00 | 9/23/05  | Augustana    |
| 3   | Justin Riley, Sr., GC      | 25:17.00 | 9/23/05  | Augustana    |
| 4   | Kel Bond, So., MC          | 25:23.00 | 9/23/05  | Augustana    |
| 5   | Jim Hein, So., RC          | 25:33.00 | 9/23/05  | Augustana    |
| 6   | David Krist, So., GC       | 25:35.00 | 9/23/05  | Augustana    |
| 7   | Joseph Cardillo, Sr., BC   | 25:51.30 | 10/8/05  | Ripon Invite |
| 8   | Scott Heiar, So., MC       | 25:54.00 | 9/23/05  | Augustana    |
| 9   | Drake Ballew, So., GC      | 25:55.00 | 9/23/05  | Augustana    |
| 10  | Charles Knuth, So., GC     | 26:00.00 | 9/23/05  | Augustana    |
| 11  | Anthony Welty, Jr., MC     | 26:00.10 | 10/15/05 | UW-Oshkosh   |
| 12  | Evan Palmer-Young, So., GC | 26:15.00 | 9/23/05  | Augustana    |
| 13  | Adam Beals, Sr., GC        | 26:17.00 | 9/23/05  | Augustana    |
| 14  | Aaron Etienne, So., MC     | 26:18.00 | 9/23/05  | Augustana    |
| 15  | Bryan Schneider, So., RC   | 26:29.00 | 9/23/05  | Augustana    |
| 16  | Michael Van Hulle, Jr., GC | 26:35.00 | 9/23/05  | Augustana    |
| 17  | Henry Reich, Fr., GC       | 26:40.00 | 9/23/05  | Augustana    |
| 18  | Jeff Pentek, So., SNC      | 26:41.00 | 9/17/05  | UW-Parkside  |
| 19  | Peter Cueno, Sr., GC       | 26:52.00 | 9/23/05  | Augustana    |
| 20  | Peter Nielsen, Sr., RC     | 26:55.00 | 9/23/05  | Augustana    |

--Women's Top Performances - 5,000 Meter Top Times--

| Rnk | Ath/Yr/School                 | Time     | Date     | Meet            |
|-----|-------------------------------|----------|----------|-----------------|
| 1   | Erin Kelley, So, CC           | 18:32.00 | 10/1/05  | Sean Earl       |
| 2   | Sarah Spencer, So., GC        | 19:11.00 | 9/2/05   | Bob Timmons     |
| 3   | Joy Manweiler, So., LU        | 19:22.00 | 9/17/05  | UW-Parkside     |
| 4   | Katie Jenewein, So., SNC      | 19:27.80 | 10/15/05 | Wis. Privates   |
| 5   | Erin Sindewald, So., GC       | 19:39.00 | 10/15/05 | Knox Invite     |
| 6   | Katie Snowden, Jr., LFC       | 19:48.00 | 10/15/05 | Forester Invite |
| 7   | Jessica Grau, Jr., CC         | 20:01.50 | 10/15/05 | Wis. Privates   |
| 8   | Brittany Dick, So., RC        | 20:02.00 | 10/15/05 | Tom Barry       |
| 9   | Kaitlyn Ryan, Jr., GC         | 20:04.00 | 9/2/05   | Bob Timmons     |
| 10  | Brianne Lannon, Sr., CC       | 20:10.30 | 10/15/05 | Wis. Privates   |
| 11  | Colleen Detjens, Jr., LU      | 20:12.00 | 9/17/05  | UW-Parkside     |
| 12  | Meredith Groves, So., GC      | 20:36.00 | 9/2/05   | Bob Timmons     |
| 13  | Angela Grows, Sr., SNC        | 20:40.90 | 10/15/05 | Wis. Privates   |
| 14  | Dolores Garcia, Sr., GC       | 20:43.40 | 10/15/05 | Prairie Fire    |
| 15  | Lisa Booth, Jr., BC           | 20:47.00 | 10/1/05  | Beloit Old E.   |
| 16  | Amanda Hammermeister, So., BC | 20:47.50 | 10/8/05  | Ripon Invite    |
| 17  | Alice Shepro, So., LU         | 21:04.10 | 10/15/05 | Wis. Privates   |
| 18  | Jenna Kick, So., SNC          | 21:09.00 | 9/2/05   | Tom Barry       |
| 19  | Rebecca Duley, So., RC        | 21:12.00 | 10/15/05 | Wis. Privates   |
| 20  | Erin Booth, Jr., GC           | 21:12.00 | 9/2/05   | Bob Timmons     |



## --2005 MWC Composite Schedule--

| Date     | Event (Participating MWC Teams)   | Time            |
|----------|---|-----------------|
| Sept. 2  | Augustana Opener (Knox)   | 6 p.m.          |
| Sept. 3  | St. Norbert hosts Tom Barry Invitational<br>(Lake Forest, Lawrence, Ripon, St. Norbert)         | 11 a.m.         |
|          | Bob Timmons Invitational (Grinnell)   | 10 a.m.         |
|          | Western Illinois Open (Monmouth)  | TBA             |
| Sept. 9  | Spartan Classic (Carroll, Lake Forest)  | 4:45 p.m.       |
|          | Bradley University Open<br>(Illinois College, Monmouth)   | 5:30 p.m.       |
| Sept. 10 | Carroll College Invitational<br>(Carroll, Lawrence, Ripon, St. Norbert)                         | 11 a.m.         |
|          | Rockford at Beloit  | 11 a.m.         |
| Sept. 17 | Grinnell hosts Les Duke Invitational<br>(Grinnell, Monmouth)                                    | 10 a.m.         |
|          | UW-Parkside Invitational<br>(Beloit, Carroll, St. Norbert)                                      | 11 a.m.         |
| Sept. 23 | Augustana Invitational (Grinnell, Monmouth, Ripon)  | 4 p.m.          |
| Sept. 24 | Roy Griak Invitational<br>(Carroll, Knox, Illinois College, Lake Forest, Monmouth, St. Norbert) | 9 a.m.          |
| Oct. 1   | Beloit hosts Old English Invitational<br>(Beloit, Knox, Lawrence, Ripon, St. Norbert)           | 11 a.m.         |
|          | Sean Earl Invitational<br>(Carroll, Lake Forest, Monmouth)                                      | 10:30 a.m.      |
| Oct. 8   | Ripon College Invitational<br>(Beloit, Carroll, Lawrence, Ripon, St. Norbert)                   | 11 a.m.         |
|          | SIU-Edwardsville Border Challenge<br>(Illinois College, Monmouth)                               | TBA             |
|          | Wartburg College Invitational<br>(Grinnell, Knox, Monmouth)                                     | 10 a.m.         |
| Oct. 15  | Knox hosts Prairie Fire Invitational (Grinnell, Knox)   | 10:30 a.m.      |
|          | Lake Forest hosts Forester Invitational (Lake Forest)   | 11 a.m.         |
|          | Wisconsin Private School Championships<br>(Beloit, Carroll, Lawrence, Ripon, St. Norbert)       | 11 a.m.         |
|          | Millikin (Illinois College)   | TBA             |
|          | UW-Oshkosh Invitational (Monmouth)  | 10:30           |
| Oct. 29  | <b>2005 Midwest Conference Championships</b>  | <b>10:00 am</b> |
| Nov. 12  | <b>2005 NCAA Championships - Regionals</b>  | <b>TBA</b>      |

## --Past Men's Champion's--

|      |                 |      |                 |
|------|-----------------|------|-----------------|
| 1929 | <i>Cornell</i>  | 1967 | <i>Carleton</i> |
| 1930 | Monmouth        | 1968 | <i>St. Olaf</i> |
| 1931 | Monmouth        | 1969 | <i>Carleton</i> |
| 1932 | <i>Carleton</i> | 1970 | <i>St. Olaf</i> |
| 1933 | <i>Cornell</i>  | 1971 | <i>St. Olaf</i> |
| 1934 | <i>Cornell</i>  | 1972 | <i>St. Olaf</i> |
| 1935 | <i>Carleton</i> | 1973 | <i>St. Olaf</i> |
| 1936 | <i>Carleton</i> | 1974 | <i>Carleton</i> |
|      | Lawrence        | 1975 | <i>Carleton</i> |
| 1937 | <i>Cornell</i>  | 1976 | <i>Carleton</i> |
| 1938 | <i>Cornell</i>  | 1977 | <i>Carleton</i> |
| 1939 | Beloit          | 1978 | <i>Carleton</i> |
| 1940 | <i>Coe</i>      | 1979 | <i>Carleton</i> |
| 1941 | None            | 1980 | <i>Carleton</i> |
| 1942 | None            | 1981 | <i>Carleton</i> |
| 1943 | None            | 1982 | <i>Carleton</i> |
| 1944 | None            | 1983 | Lawrence        |
| 1945 | None            | 1984 | Lawrence        |
| 1946 | <i>Cornell</i>  | 1985 | Lawrence        |
| 1947 | <i>Cornell</i>  | 1986 | Grinnell        |
| 1948 | <i>Cornell</i>  | 1987 | Grinnell        |
| 1949 | Lawrence        | 1988 | Grinnell        |
| 1950 | Lawrence        | 1989 | Grinnell        |
| 1951 | Lawrence        | 1990 | Grinnell        |
| 1952 | <i>Carleton</i> | 1991 | Grinnell        |
| 1953 | <i>Carleton</i> | 1992 | Grinnell        |
| 1954 | <i>Carleton</i> | 1993 | Grinnell        |
| 1955 | Grinnell        | 1994 | Grinnell        |
| 1956 | <i>Carleton</i> | 1995 | Grinnell        |
| 1957 | Lawrence        | 1996 | Monmouth        |
| 1958 | Grinnell        | 1997 | Grinnell        |
| 1959 | <i>St. Olaf</i> | 1998 | Grinnell        |
| 1960 | Grinnell        | 1999 | Grinnell        |
| 1961 | <i>Cornell</i>  | 2000 | Grinnell        |
| 1962 | <i>Carleton</i> | 2001 | Grinnell        |
| 1963 | <i>Carleton</i> | 2002 | Grinnell        |
| 1964 | None            | 2003 | Grinnell        |
| 1965 | <i>Carleton</i> | 2004 | Grinnell        |
| 1966 | <i>Carleton</i> |      |                 |

## --MWC Title Breakdown--

*Carleton* - 22 ('32, '35, '36, '52, '53, '54, '56 '62, '63, '65, '66, '67, '69, '74, '75, '76, '77, '78, '79, '80, '81, '82)

**Grinnell** - 21 ('55, '58, '60, '86, '87, '88, '89, '90, '91, '92, '93, '94, '95, '97, '98, '99, '00, '01, '02, '03, '04)

*Cornell* - 9 ('29, '33, '34, '37, '38, '46, '47, '48, '61)

**Lawrence** - 8 ('36, '49, '50, '51, '57, '83, '84, '85)

*St. Olaf* - 6 ('59, '68 '70, '71, '72, '73)

**Monmouth** - 3 ('30, '31, '96)

**Beloit** - 1 ('39)

*Coe* - 1 ('40)

*Italics indicate former MWC member*

## --Past Women's Champions--

| Year | Team           | Year | Team           | Year | Team     | Year | Team        |
|------|----------------|------|----------------|------|----------|------|-------------|
| 1978 | Grinnell       | 1985 | Grinnell       | 1992 | Grinnell | 1999 | Lawrence    |
| 1979 | Grinnell       | 1986 | St. Norbert    | 1993 | Grinnell | 2000 | Carroll     |
| 1980 | Grinnell       | 1987 | <i>Cornell</i> | 1994 | Grinnell | 2001 | Lawrence    |
| 1981 | <i>Cornell</i> | 1988 | <i>Cornell</i> | 1995 | Grinnell | 2002 | St. Norbert |
| 1982 | <i>Cornell</i> | 1989 | Grinnell       | 1996 | Carroll  | 2003 | St. Norbert |
| 1983 | Grinnell       | 1990 | Lawrence       | 1997 | Carroll  | 2004 | Grinnell    |
| 1984 | St. Norbert    | 1991 | Grinnell       | 1998 | Beloit   |      |             |

## --MWC Title Breakdown--

**Grinnell** - 12 ('78, '79, '80, '83, '85, '89, '91, '92, '93, '94, '95, '04)

*Cornell* - 4 ('81, '82, '87, '88)

**St. Norbert** - 4 ('84, '86, '02, '03)

**Carroll** - 3 ('96, '97, '00)

**Lawrence** - 3 ('90, '99, '01)

**Beloit** - 1 ('98)

*Italics indicate former MWC member*



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